

The 7 Habits of Highly Effective Teens
Part 2: The Private Victory
Chapter 1: The Personal Bank Account

Due:

Directions: Read Part 2 Chapter 1 of *The 7 Habits of Highly Effective Teens* pg. 31-46. Then please think about and answer the following questions on your own paper. (Answers should be in paragraph form and reflect thought.)

Always be a first-rate version of yourself, instead of a second-rate version of somebody else. – Judy Garland

1. Look back at the list of baby steps from the last chapter (pg. 28). You resolved to do at least 5 of them this last week. Discuss how successful you were at keeping this promise to yourself. Which baby steps were you able to achieve? If you didn't achieve all 5 of your steps, explain why? How do you feel about your progress?
2. Read the above quote by Judy Garland. (For those of you who don't know, Judy Garland was Dorothy in one of my favorite movies *The Wizard of Oz*) What does she mean?
3. Covey talks about a time in his life where he was holding back because he was afraid of failure. Has there been a time in your life where you held back because you were afraid of failure. Discuss it. If you have never had a time like this, you probably have had a time where you went forward despite of being afraid. Discuss it.
4. Explain what Covey means by a private victory. Describe a time when you have had a private victory.
5. How you feel about yourself is like a bank account- your Personal Bank Account (PBA). Think about and review your PBA. Look at the symptoms of a poor PBA and a healthy PBA on pg. 34. Is your PBA in good shape or are you nearly bankrupt. Discuss.
6. Parents, home responsibilities, school work, friends, sports, boy/girl friends- balancing everything in your life can be tough. When your life seems out of balance, how do you deal with it? What helps you stay balanced?

Look at the list of 12 baby steps at the end of the chapter (pg. 45). Resolve to do at least one in each category this week.