

***The 7 Habits of Highly Effective Teens***  
**Part 2: The Private Victory**  
**Chapter 2: Habit 1- Be Proactive**

**Due:**

**Directions:** Read Part 2 Chapter 2 of *The 7 Habits of Highly Effective Teens* pg. 47-73. Then please think about and answer the following questions on your own paper. (Answers should be in paragraph form and reflect thought.)

*People are just about as happy as they make up their mind to be.*  
- Abraham Lincoln, U.S. President

1. Look back at the list of baby steps from the last chapter (pg. 45). You resolved to do at least 1 from each category this last week. Discuss how successful you were at keeping this promise to yourself. Which baby steps were you able to achieve? If you didn't achieve all of your steps you resolved to, explain why? How do you feel about your progress? Compare your progress this week with your progress from last week.
2. Review the quote at the top by Abraham Lincoln. Discuss what does this quote mean to you?
3. Habit 1 is about being proactive instead of reactive. Proactive people make choices based on values while reactive people make choices based on impulses. Think long and hard about your life and the way you react to it. In most cases are you reactive or proactive? Be honest with yourself. Discuss.
4. Review the "Circle of control" (pg. 54-55). Make a circle that illustrates your life.
5. *There is no such thing as failure. Mistakes happen in your life to bring into focus more clearly who you really are.* – Oprah Winfrey  
Which mistakes in your life have been the absolute worst? Which ones have you learned from the most? How have you applied the lessons learned from your mistakes to your life? How did your life change as a result of applying these lessons?
6. Think about the people in your life. Who do you consider to be your role model? Why is this person your role model? How are they an influence on you?
7. Covey talks about your "Human Toolbox" (pg. 65-68). Describe the four human tools that Covey says are in your toolbox.

Look at the 10 baby steps at the end of the chapter (pg. 71-72). Resolve to accomplish at least 5 of them.