

The 7 Habits of Highly Effective Teens
Part 2: The Private Victory
Chapter 3: Habit 2: Begin with the End in Mind

Due:

Directions: Read Part 2 Chapter 3 of *The 7 Habits of Highly Effective Teens* pg. 74-104. Then please think about and answer the following questions on your own paper. (Answers should be in paragraph form and reflect thought.)

So often, in our quest to be more popular and to be part of the “in-group,” we loose sight of the things that are far more important” – Scan Covey

1. Look back at the list of baby steps from the last chapter (pg. 71-72). You resolved to do at least 5 last time. Discuss how successful you were at keeping this promise to yourself. Which baby steps were you able to achieve? If you didn't achieve all of your steps you resolved to, explain why? How do you feel about your progress? Compare your progress this time with your progress from last time. (Please be very detailed in your discussion!)
2. **Completely read the assigned section of the book before you begin work on the written part. It will really help you with the activities.**
3. Find pictures in magazines, posters, or personal photos that show the kind of person you would like to become and the qualities you value most. Make the pictures into a collage.
4. Control your own destiny or someone else will. If you could plan your perfect life, your destiny, what would it look like? What would you do? What skills would you need? Where would you live? Who would be a part of your life?
5. Complete “The Great Discovery.” (Worksheet is attached)
6. Review what you wrote in “The Great Discovery,” look at your collage, and read what you wrote for #3. You are now going to write a personal mission statement. (Review pg. 81) “A personal mission statement is like a personal credo or motto that states what your life is about. It is a blue print for your life.” Start off by making a list of the most important things you want your personal mission statement to include.
7. Now that you have completed your mission statement list, review all of your information for #2-5. Begin to craft your mission statement. It can take whatever form you wish. (Look at the examples and ways to do it within the chapter.) Make your mission statement into a poster you can hang in your room where you will see it everyday! (Bring in your poster to be checked off)

Look at the 8 baby steps at the end of the chapter (pg. 104). Resolve to accomplish at least 4 of them.