

The 7 Habits of Highly Effective Teens
Part 3: The Public Victory
Chapter 1: The Relationship Bank Account

Due:

Directions: Read Part 3 Chapter 1 of *The 7 Habits of Highly Effective Teens* pg. 132-144. Then please think about and answer the following questions on your own paper. (Answers should be in paragraph form and reflect thought.)

Life's most urgent question is: What are you doing for others?
- Martin Luther King Jr.

1. Look back at the list of baby steps from the last chapter (pg. 128). You resolved to do at least 4 last time. Discuss how successful you were at keeping this promise to yourself. Which baby steps were you able to achieve? If you didn't achieve all of your steps you resolved to, explain why? How do you feel about your progress? Compare your progress this time with your progress from last time. (Please be very detailed in your discussion!)
2. You are now 1/2 way through *The 7 Habits*. You have just finished reading about The Private Victory. This section was all about mastering yourself, becoming responsible for who you are and the decisions you make. Please reflect on your progress so far. Do you think you have changed positively because of the things you have read in *The 7 Habits*? Are there things you are doing differently? Discuss.
3. Covey talked about the PBA, Personal Bank Account, in the first section of the book. He introduces the RBA, Relationship Bank Account, in this section. Please explain what Covey means by your RBA.
4. Covey outlines 6 types of deposits you can make to your RBA. Please explain them.
5. Resolve to take Covey's personal challenge. Describe here what relationship you want to improve. Why do you want to improve it? What are some ideas for repairing it?

Look at the 10 baby steps at the end of the chapter (pg. 144). Resolve to accomplish at least 6 of them.