

The 7 Habits of Highly Effective Teens
Part 3: The Public Victory
Chapter 2: Habit 4: Think Win-Win

Due:

Directions: Read Part 3 Chapter 2 of *The 7 Habits of Highly Effective Teens* pg. 146-162. Then please think about and answer the following questions on your own paper. (Answers should be in paragraph form and reflect thought.)

What do we live for, if it is not to make life less difficult for each other?
- George Eliot, Author

1. Look back at the list of baby steps from the last chapter (pg. 144). You resolved to do at least 6 last time. Discuss how successful you were at keeping this promise to yourself. Which baby steps were you able to achieve? If you didn't achieve all of your steps you resolved to, explain why? How do you feel about your progress? Compare your progress this time with your progress from last time. (Please be very detailed in your discussion!)
2. Covey explains several different kinds of attitudes in this chapter: "win-lose," "lose-win," "lose-lose," "win-win." Please explain these 4 different attitudes.
3. Which attitude do you think you most of the time? Explain.
4. Please explain what Covey means by the "tumor twins". Have these twins ever reared their head in your life?
5. Competition is healthy when it is approached with a good attitude. Think about how you respond to competition on a regular basis. Describe how you handle competition. How has competition helped you? How has it hurt you?
6. How do you feel when a friend wins, triumphs, or achieves something? Do you feel bad for yourself or are you happy for your friend? Do you feel like you'll never be a winner or are you confident you'll win another time? Think about how you can turn envy into a more positive emotion.

Look at the 9 baby steps at the end of the chapter (pg. 162). Resolve to accomplish at least 5 of them.