

The 7 Habits of Highly Effective Teens
Part 3: The Public Victory
Chapter 4: Habit 6: Synergize

Due:

Directions: Read Part 3 Chapter 4 of *The 7 Habits of Highly Effective Teens* pg.182-201. Then please think about and answer the following questions on your own paper. (Answers should be in paragraph form and reflect thought.)

Alone we can do so little; together we can do so much.
-Helen Keller

1. Look back at the list of baby steps from the last chapter (pg. 180). You resolved to do at least 5 last time. Discuss how successful you were at keeping this promise to yourself. Which baby steps were you able to achieve? If you didn't achieve all of your steps you resolved to, explain why? How do you feel about your progress? Compare your progress this time with your progress from last time. (Please be very detailed in your discussion!)
2. Explain "Synergy."
3. When have you practiced synergy? When have you worked together to achieve a better solution to a problem or a project? Did you attempt to do it "your way?" Did you do it "their way" so you wouldn't hurt any feelings? How did you arrive at the solution?
4. Think about the people in your life; specifically, the people who dare to be different. Why are they so special, different, or unique? Do you have a positive or negative image of them? Why?
5. When you think of the word "diversity," what comes to mind?
6. Covey says most of us think about diversity in regards to racial and gender differences, but it also covers differences in physical features, dress, language, wealth, family, religious beliefs, lifestyle, education, interests, skills, age, style, etc. Covey also explains about the 3 possible approaches you can take. Describe these 3 approaches. Now in keeping in mind all of these different kinds of diversity how do you approach diversity in general? Which profile fits you best? Explain.
7. Have you ever been involved with a clique or a special group that rejected others who weren't up to their standards? If so, did it really make you feel superior? Have you ever been judged for one reason or another? How did you feel? When you make judgments, can you always rely on your first impressions?

8. Complete the following exercise. Read across each row and place a 4 in the blank that best describes you. Now place a 3 in the blank for the second word that best describes you. Do the same for the following words using a 2 and a 1. 1 is the word that least describes you. (Look up the words in a dictionary if you don't know what they mean.)

Example

Imaginative	2	Investigative	4	Realistic	1	Analytical	3
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Column 1		Column 2		Column 3		Column 4	
Imaginative		Investigative		Realistic		Analytical	
Adaptable		Inquisitive		Organized		Critical	
Relating		Creating		Getting to the point		Debating	
Personal		Adventurous		Practical		Academic	
Flexible		Inventive		Precise		Systematic	
Sharing		Independent		Orderly		Sensible	
Cooperative		Competitive		Perfectionist		Logical	
Sensitive		Risk-taking		Hard-working		Intellectual	
People-person		Problem solver		Planner		Reader	
Associate		Originate		Memorize		Think through	
Spontaneous		Changer		Wants direction		Judger	
Communicating		Discovering		Cautious		Reasoning	
Caring		Challenging		Practicing		Examining	
Feeling		Experimenting		Doing		Thinking	

Now add up your totals, not including the examples to find out what kind of fruit you are most like.

Column 1		Column 2		Column 3		Column 4	
Grapes		Oranges		Bananas		Melons	

9. What are the 3 road blocks to synergy? Explain.

Review the 7 baby steps at the end of this chapter. Resolve to accomplish at least 4 of them.